

**51st Annual Pennsylvania AFG Convention
With AA Participation**

**PROGRESS NOT PERFECTION...
IT'S A JOURNEY!**



Image Source: kevinandkaia.com

**June 7-9, 2024
Susquehanna University
Selinsgrove, PA**

**REGISTER ONLINE ONLY
DEADLINE 5/23/24**

<https://convention.pa-al-anon.org>

- Single - full plan **\$180**
- Double - full plan **\$170**
- No Room (2 meals) **\$70**
- No Room (no meals) **\$45**
- Saturday only (2 meals) **\$55**
- Saturday only (no meals) **\$40**

Help your friends who don't have computers by filling out the online registration for them.

Workshops

- ❖ **Learning**
 - Acceptance is Always the Beginning
 - Denial: The Elephant in the Livingroom
 - The God of our Understanding
 - The 500 Pound Telephone
- ❖ **Growing**
 - Releasing Resentments
 - Courage to Change our Character Defects
 - Detaching with Love
 - Self-Love is Not Selfish
- ❖ **Improving**
 - Building Healthy Relationships
 - Choosing Happiness
 - Setting Boundaries
 - Taking Responsibility for Myself
- ❖ **Evolving**
 - The Gifts of Service
 - What Makes a Good Meeting?
 - Sponsorship: What's it all About?
 - A Little Time for Myself: Moving Meditation

**Speakers Dance Fellowship
Basket Raffle 50/50**

Sheets, pillowcase, thin blanket and towels provided.

***Bring your own pillow** and extra blanket if needed.

Also, water bottle, travel coffee mug, coffee pot, alarm clock, night light, hangers, phone charger, etc.

NO ONE UNDER THE AGE OF 18

**For questions contact:
convention.registrar@pa-al-anon.org**