## NYC AL-ANON INTERGROUP MONTHLY SHARE-A-DAY



## Saturday, October 26th

Noon to 4pm

Zoom Meeting ID: 897 1551 8773

Password: 069726

Dial In: +1 929-205-6099 and then enter Meeting ID and Password

## WORKSHOP SCHEDULE

12:00 pm Turning our will and lives over

1:00 pm Prayer and meditation

2:00 pm Improving conscious contact

3:00 pm Knowledge, power and will



All are welcome to join and share experience, strength and hope!

NYC Al-Anon Intergroup's monthly afternoon workshop focuses on the healing we experience through recovery and what we can do to bring the message to others who suffer from this family disease.

Newcomers are welcome.





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